

# Care Newsletter

Kids learn to read at different paces, and it's normal for them to struggle at some point. But if learning to read becomes an ongoing struggle that leaves a child falling behind their peers, it's possible that they have a learning disorder known as dyslexia.

Learning to read requires several different parts of the brain to work together. For some kids, learning to read comes easily, no matter the method. But others need a specific kind of teaching called "systematic phonics-based instruction."

Identifying kids with reading problems early is important so they can get the support they need to succeed in school.

**Matthew M. Cruger, PhD**  
Associate Clinical Director  
Clinical Neuropsychologist  
Child Mind Institute

## For Caregivers

### **Intensive Academic Interventions**

Individualized academic interventions are for students struggling to meet learning benchmarks due to learning disorders or pandemic disruption. Our educational specialists and speech-language pathologists build tailored interventions for each student to help with reading, writing, math challenges, communication skills, and more.

[https://childmind.org/care/areas-of-expertise/learning-and-development-center/intensive-academic-interventions/?utm\\_medium=email&utm\\_source=newsletter&utm\\_campaign=care\\_nl\\_2023-01&utm\\_content=intensive-academic-interventions](https://childmind.org/care/areas-of-expertise/learning-and-development-center/intensive-academic-interventions/?utm_medium=email&utm_source=newsletter&utm_campaign=care_nl_2023-01&utm_content=intensive-academic-interventions)

## For Educators

### **The Need for Effective Reading Instruction**

Reading is the most important skill children need to gain in the first few years of school. But how it's taught can have a big impact on how well they succeed. [Systematic phonics-based instruction](#) helps kids learn to recognize printed letters and match them to specific sounds. Interested in learning more? Request a workshop with our expert clinical staff.

[https://childmind.org/care/workshops-professional-development-training/?utm\\_medium=email&utm\\_source=newsletter&utm\\_campaign=care\\_nl\\_2023-01&utm\\_content=workshops-professional-development-training](https://childmind.org/care/workshops-professional-development-training/?utm_medium=email&utm_source=newsletter&utm_campaign=care_nl_2023-01&utm_content=workshops-professional-development-training)

## For Clinicians

### **Neuropsychological and Educational Evaluations**

The Child Mind Institute provides evaluations for students ages 5 to 25. Spending roughly 10 hours with each child and their family, our neuropsychologists use up-to-date, standard measures to develop a detailed profile of learning strengths and weaknesses.

[https://childmind.org/care/areas-of-expertise/learning-and-development-center/neuropsychological-and-educational-evaluation/?utm\\_medium=email&utm\\_source=newsletter&utm\\_campaign=care\\_nl\\_2023-01&utm\\_content=neuropsychological-and-educational-evaluation](https://childmind.org/care/areas-of-expertise/learning-and-development-center/neuropsychological-and-educational-evaluation/?utm_medium=email&utm_source=newsletter&utm_campaign=care_nl_2023-01&utm_content=neuropsychological-and-educational-evaluation)

## Visiting Professor Lecture Series

### **Sex Differences in Autism**

Stephen Kanne, Ph.D., Director of the Center for Autism and the Developing Brain at Weill Cornell Medical School, will present historical literature and review past theories about underlying sex differences in autism. He will also present several new findings related to the core symptoms of autism, such as social communication and restricted and repetitive behaviors, as well as a deeper look at camouflaging. **Join us Friday, Feb 3, 2023, @ 11:30 AM EST**

**Register HERE** - [https://childmind.org/event/sex-differences-in-autism/?utm\\_medium=email&utm\\_source=newsletter&utm\\_campaign=care\\_nl\\_2023-01&utm\\_content=sex-differences-in-autism](https://childmind.org/event/sex-differences-in-autism/?utm_medium=email&utm_source=newsletter&utm_campaign=care_nl_2023-01&utm_content=sex-differences-in-autism)

## Clinician Spotlight

### **Meet Amanda Dougherty**

Amanda Doughty, Ph.D., is a neuropsychologist at the [Learning and Development Center](#). Dr. Doughty has experience providing neuropsychological evaluations to individuals across a broad age range, from infants to young adults. She has worked with individuals who have a wide variety of complex neurodevelopmental concerns, including genetic disorders, developmental delays, ADHD, and learning disorders.

<https://www.youtube.com/watch?v=yUha2GzcekU&t=2s>

